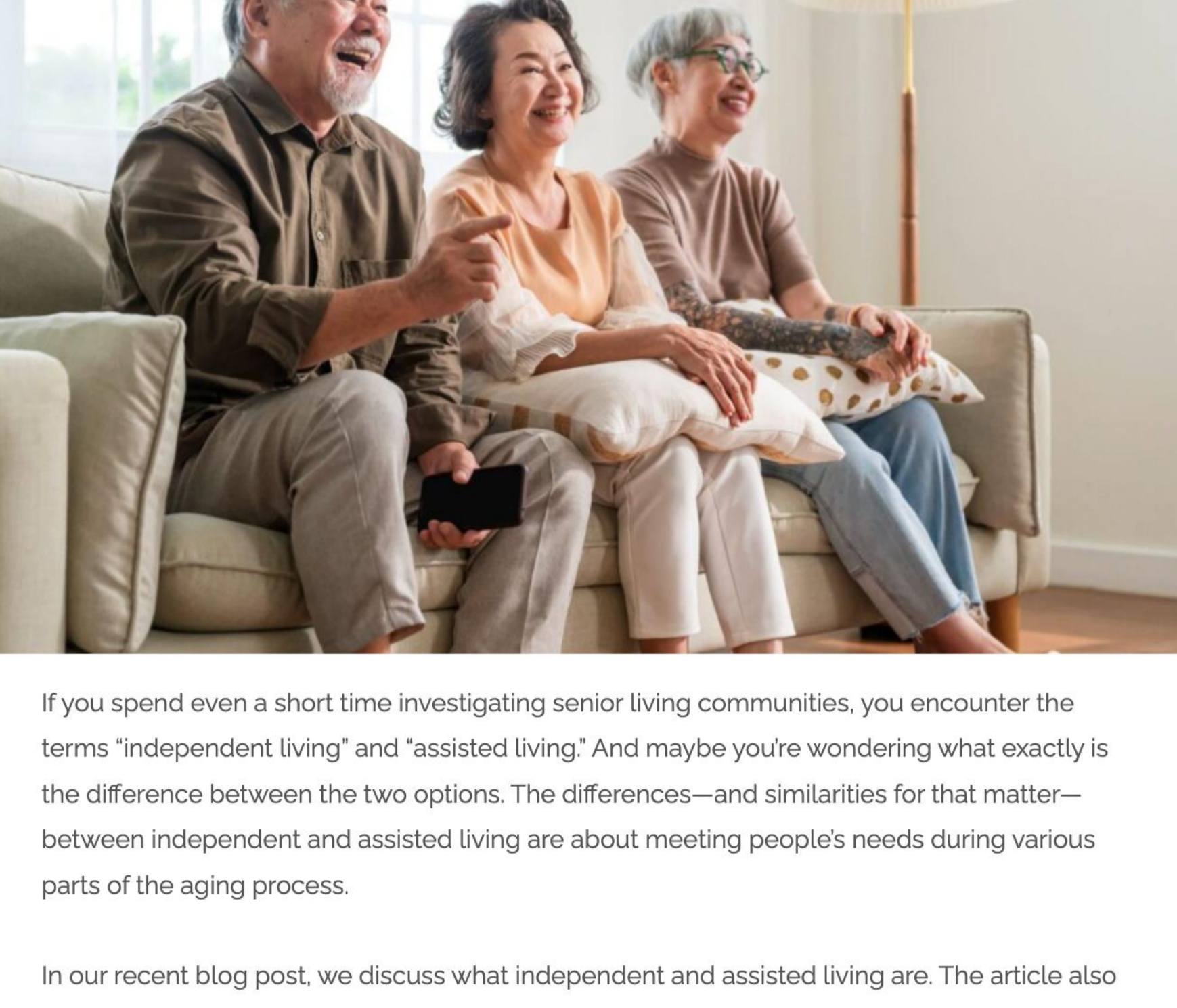


THE COPELAND EXPERIENCE

July 2023

Understanding the Options: Independent vs Assisted Living

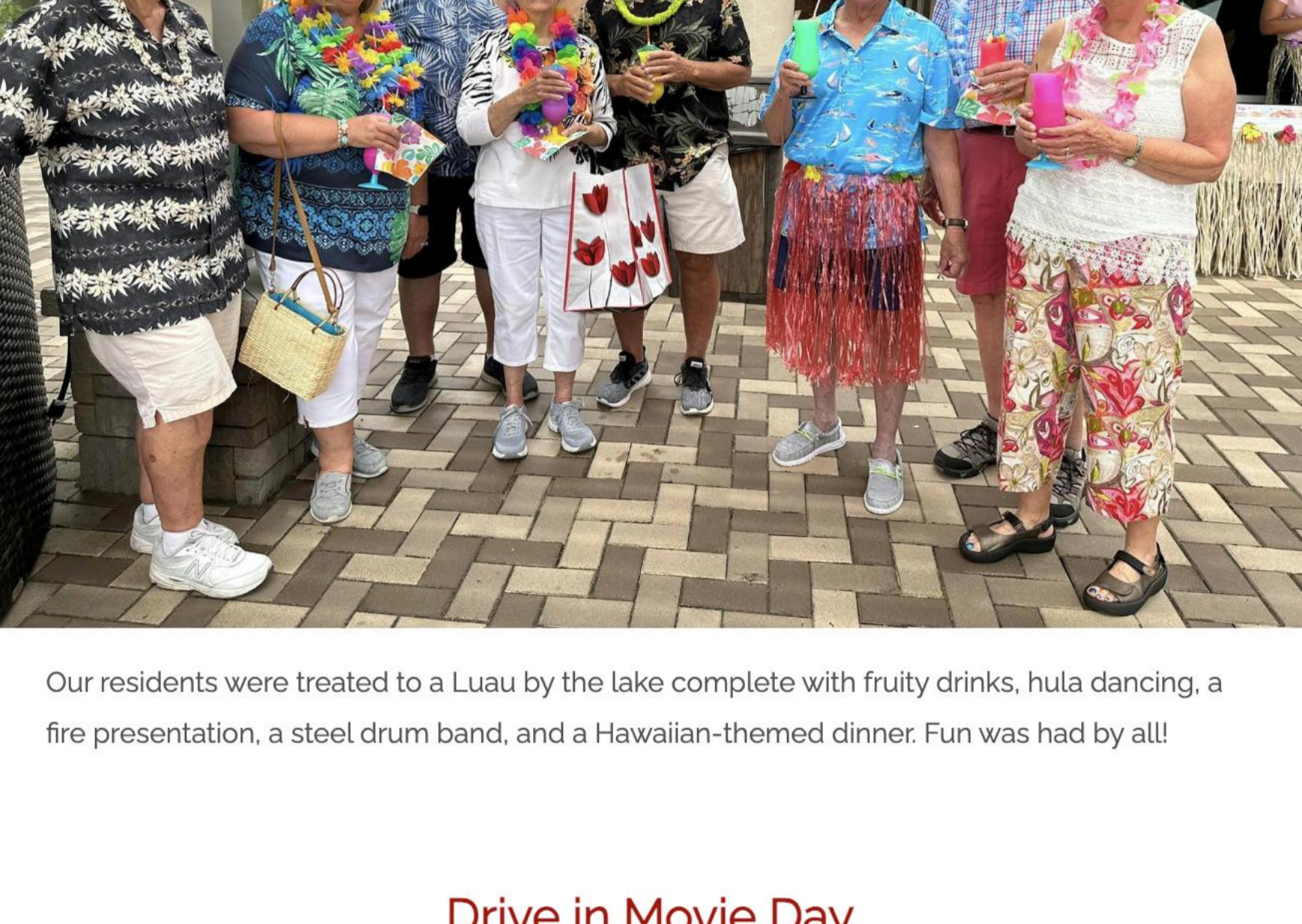


If you spend even a short time investigating senior living communities, you encounter the terms "independent living" and "assisted living." And maybe you're wondering what exactly is the difference between the two options. The differences—and similarities for that matter—between independent and assisted living are about meeting people's needs during various parts of the aging process.

In our recent blog post, we discuss what independent and assisted living are. The article also explains similarities and differences between independent and assisted living such as dining options, support levels, and costs. We also highlight resources such as our [retirement calculator](#) and [senior living options](#).

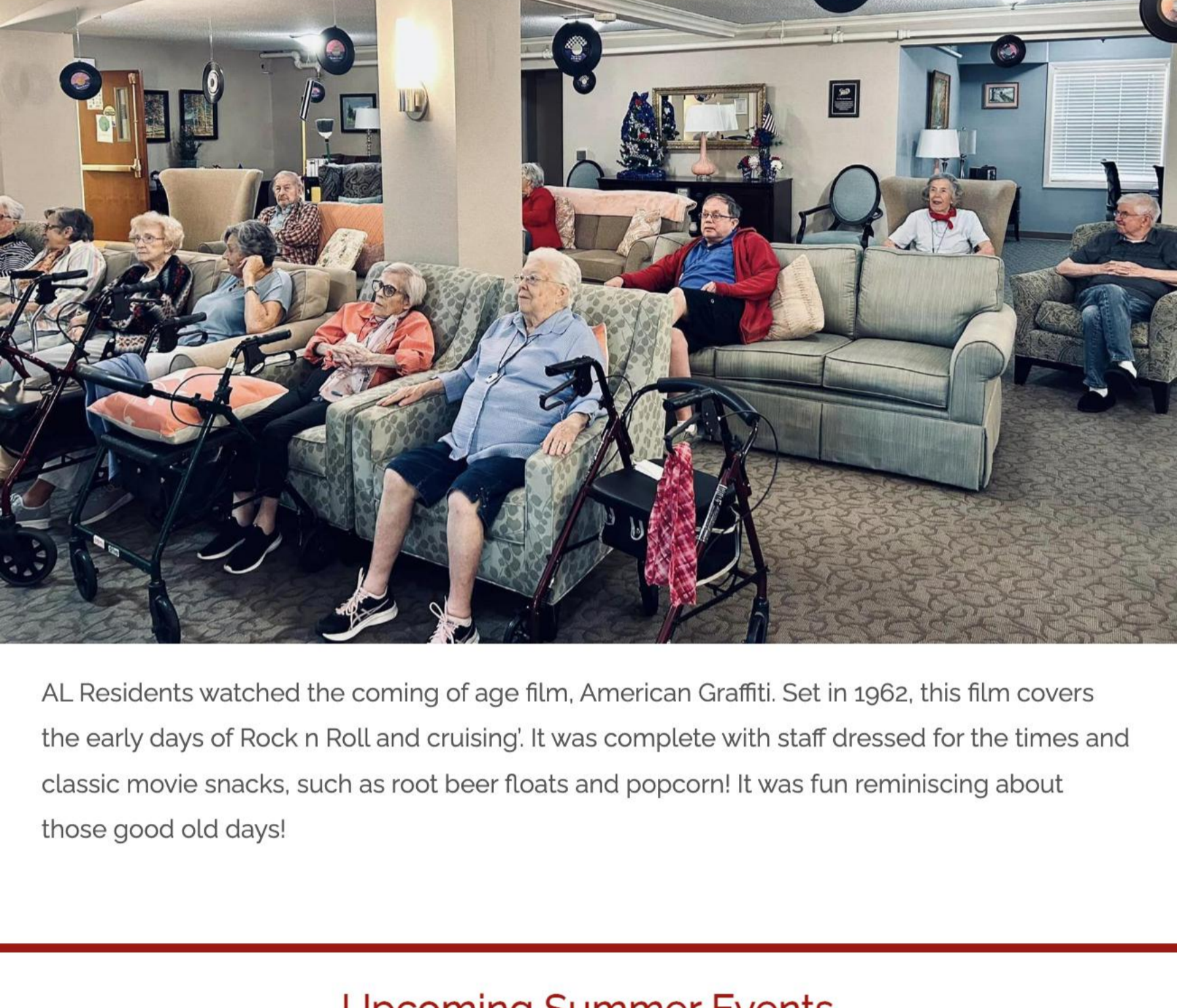
[Read More](#)

Copeland Oaks Luau



Our residents were treated to a Luau by the lake complete with fruity drinks, hula dancing, a fire presentation, a steel drum band, and a Hawaiian-themed dinner. Fun was had by all!

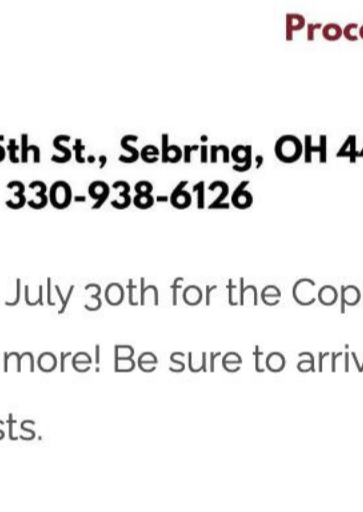
Drive in Movie Day



AL Residents watched the coming of age film, American Graffiti. Set in 1962, this film covers the early days of Rock n Roll and cruising! It was complete with staff dressed for the times and classic movie snacks, such as root beer floats and popcorn! It was fun reminiscing about those good old days!

Upcoming Summer Events

COPELAND OAKS CRUISE-IN



**Join us around the Lake
Sunday, July 30th
1-4 PM**

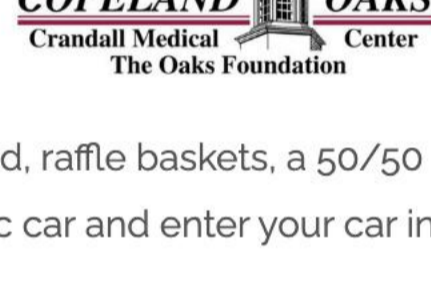
**50/50 DRAWING &
RAFFLE BASKETS**

**FREE FOOD,
MUSIC & FUN!!**

**\$5 Registration for all classic vehicles.
Register upon arrival before 2:00 if participating in contests.
Proceeds to benefit a local area charity**

**800 South 15th St., Sebring, OH 44672
330-938-6126**

CopelandOaks.com



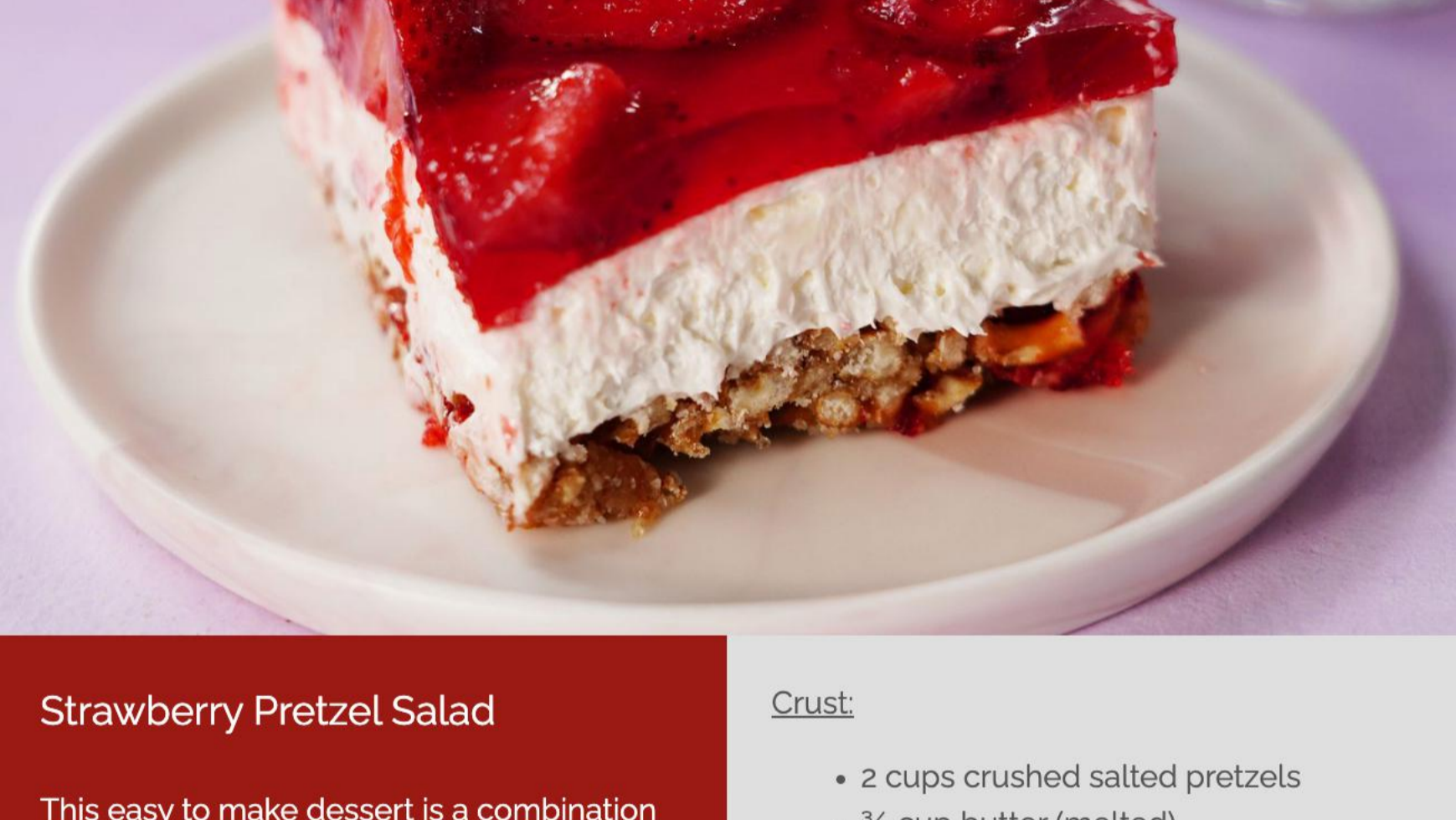
Join us on July 30th for the Copeland Oaks Cruise-In! Enjoy free food, raffle baskets, a 50/50 raffle, and more! Be sure to arrive before 2:00 to register your classic car and enter your car in our contests.

Not only that, but we have a variety of upcoming summer events. Save the date for these upcoming summer concerts so you don't miss out!

- Wednesday, August 9 - Youngstown Area Community Concert Band, Murphy Auditorium, 7PM
- Wednesday, August 16 - Doug James Trio, Lakeview Terrace Patio, 6:30PM

We hope you join us!

What's Cooking at Copeland?



Strawberry Pretzel Salad

This easy to make dessert is a combination of salty and sweet, making it the perfect summer treat!

Crust:

- 2 cups crushed salted pretzels
- ¾ cup butter (melted)
- 3 Tbsp granulated sugar

Filling:

- 8 ounces cream cheese (softened)
- 1 cup granulated sugar
- 8 ounce container of frozen whipped topping (thawed)

Topping:

- 6 ounce package strawberry Jell-O
- 2 cups boiling water
- 2 cups thinly sliced fresh strawberries

Directions:

1. Preheat oven to 400 degrees.
2. In a bowl, whisk together Jell-O and boiling water until Jell-O is completely dissolved. Add the strawberries. Place in the refrigerator.
3. In medium bowl, mix Crust ingredients. Press into ungreased 13 x 9-inch baking dish. Bake 8 minutes. Cool on cooling rack.
4. In medium bowl, beat Filling ingredients with electric mixer on medium speed until smooth. Spread over cooled crust. Cover and refrigerate until cool, 30 minutes or more.
5. Carefully spoon gelatin topping over filling. Refrigerate 4 to 6 hours or until firm.

CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)



Schedule a move-in date to an Independent Living Villa or Apartment and we will cover your moving costs up to \$1,500!