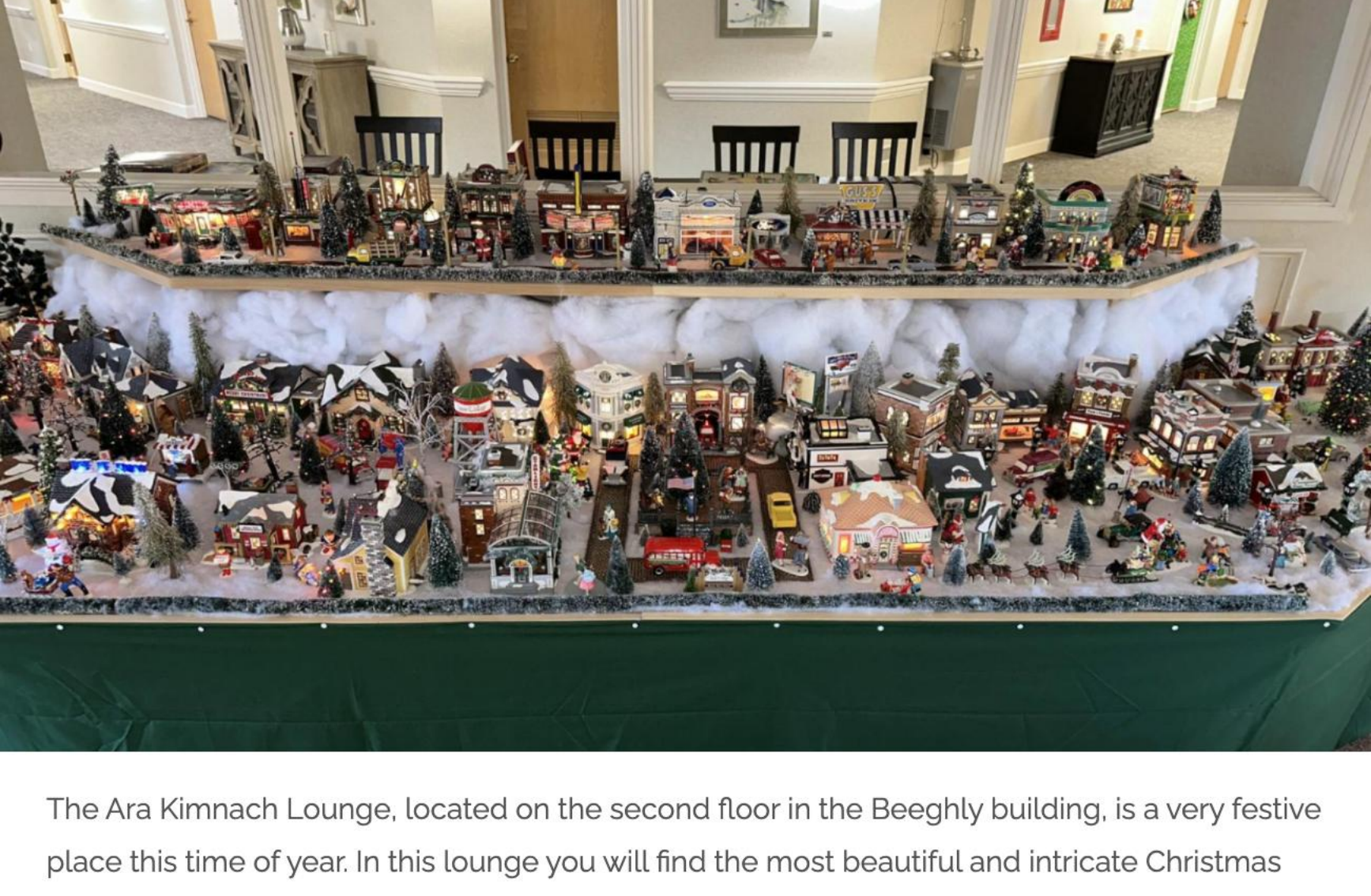


# THE COPELAND EXPERIENCE

December 2023

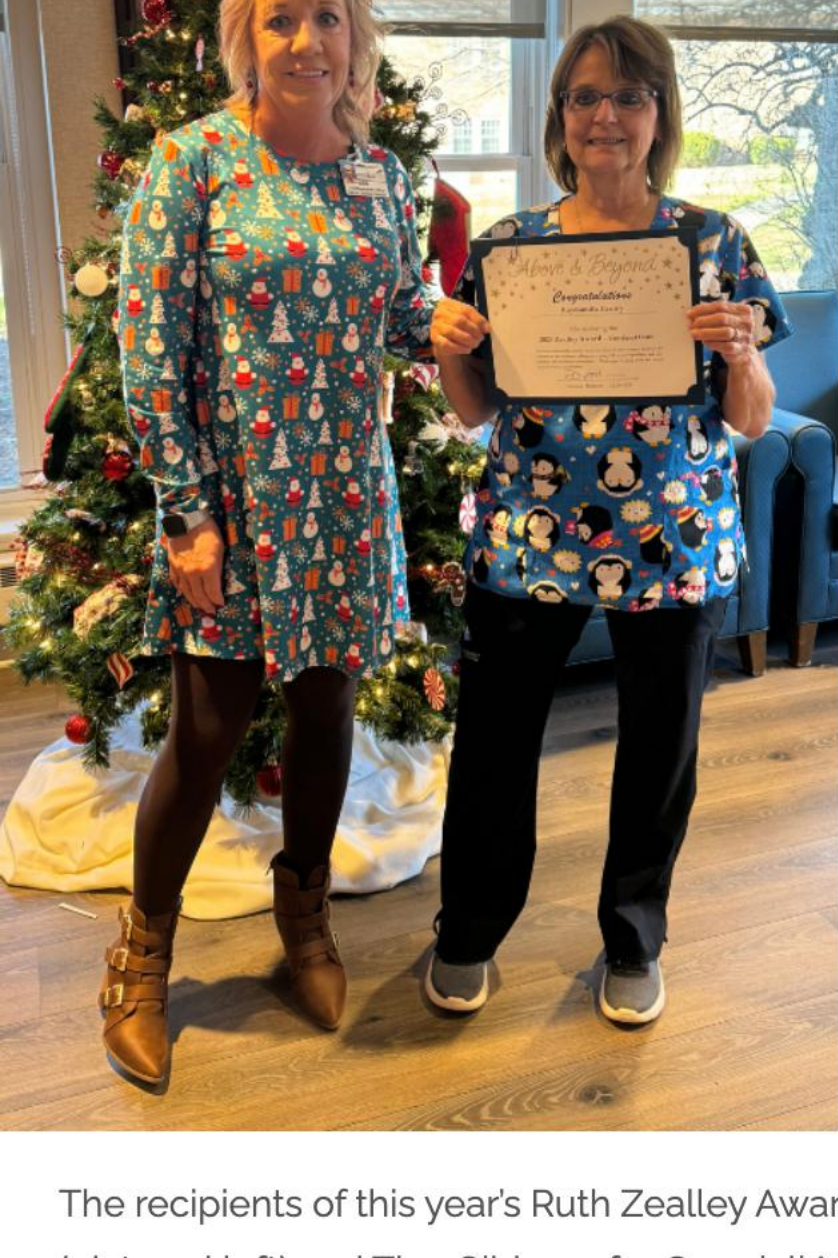
## The Christmas Village Is Back!



The Ara Kinnach Lounge, located on the second floor in the Beeghly building, is a very festive place this time of year. In this lounge you will find the most beautiful and intricate Christmas Village belonging to our very own CEO/CFO, David Mannion. With over 150 pieces, this Christmas Village has everything from an auto repair shop to a drive-in movie theater.

If you haven't already, be sure to stop by the Ara Kinnach Lounge and see the beauty for yourself!

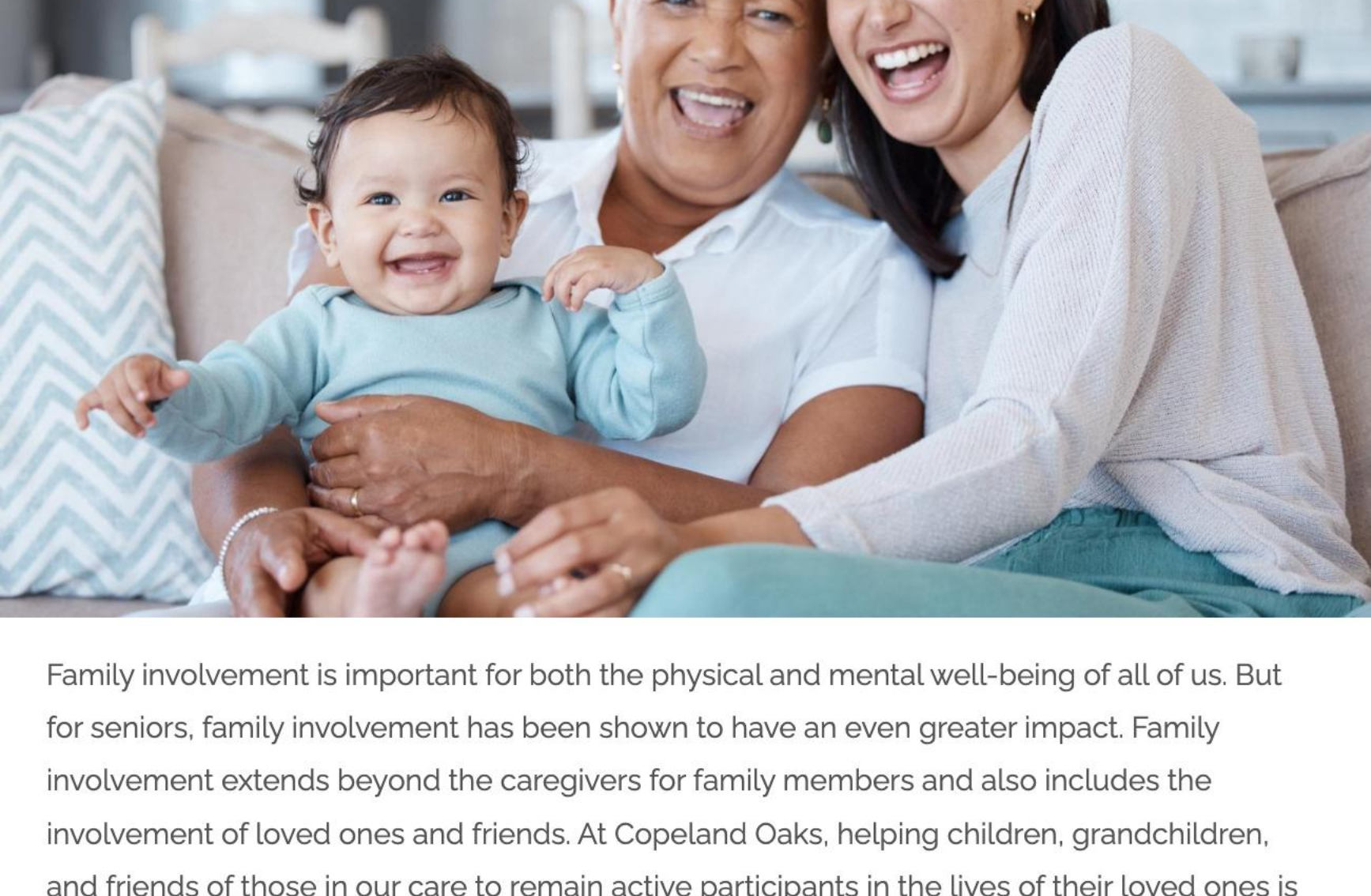
## Congratulations To Our 2023 Ruth Zealley Award Winners



The recipients of this year's Ruth Zealley Awards are Raymondia Gentry for Copeland Oaks (pictured left) and Tina Gibbons for Crandall Medical Center (pictured right).

Recipients are voted for by their peers for being kind, respectful, and going above and beyond in their job responsibilities. Lisa Gentile, Chief Development Officer and Senior Campus Director, presented the awards to both ladies at the annual employee Christmas party. Congratulations Raymondia and Tina!

## Encouraging Family Participation In Family & Senior Care



Family involvement is important for both the physical and mental well-being of all of us. But for seniors, family involvement has been shown to have an even greater impact. Family involvement extends beyond the caregivers for family members and also includes the involvement of loved ones and friends. At Copeland Oaks, helping children, grandchildren, and friends of those in our care to remain active participants in the lives of their loved ones is a top priority.

[Read More](#)

## What's Cooking at Copeland?



### Three Ingredient Meatballs

This super easy New Year's Eve party appetizer is sure to be a crowd pleaser. You only need 3 ingredients and a few hours for the recipe to come together. Hope you enjoy!

### Ingredients:

- 32 oz. Frozen fully cooked meatballs
- 18 oz. Grape jelly
- 18 oz. BBQ sauce

### Directions:

- Place grape jelly and BBQ sauce in the slow cooker and mix together. Add frozen fully cooked meatballs and stir until evenly coated.
- Cook on high for 3 hours. Serve with toothpicks for a great appetizer or over rice for a simple dinner.

### CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

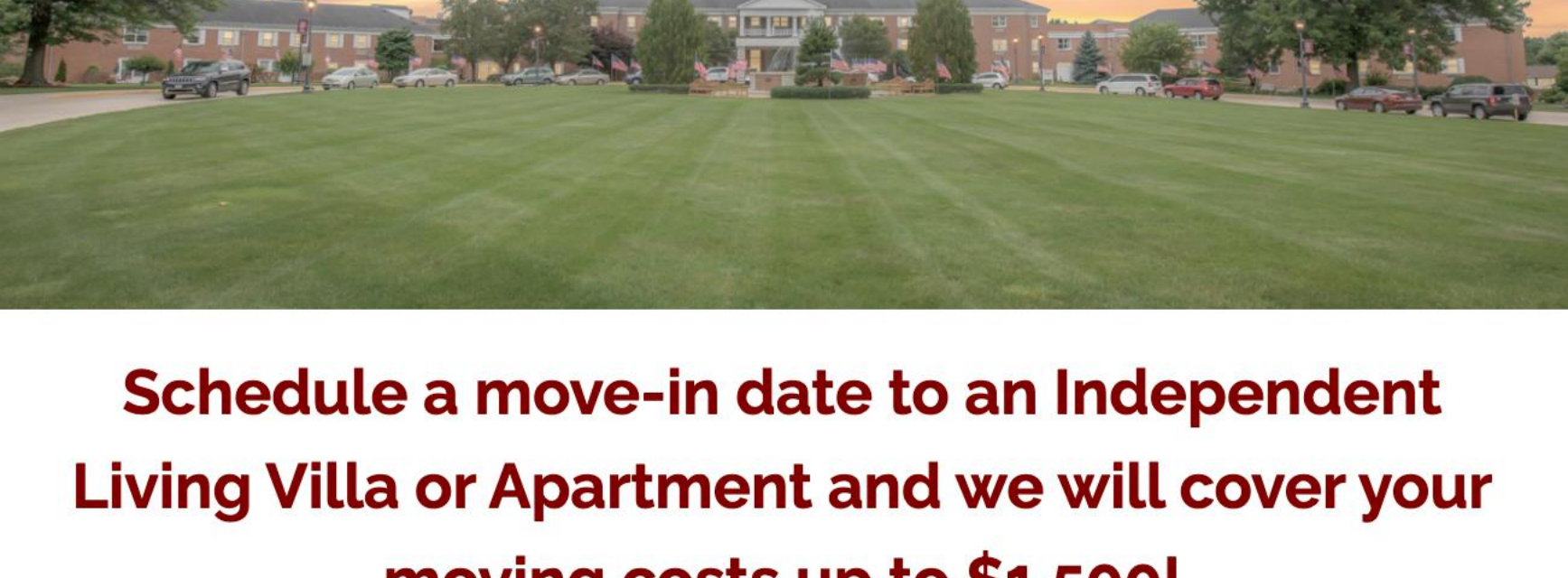
Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)

## Wishing You A Happy New Year!



As we wrap up 2023, we can't help but be grateful for our amazing residents, their families, and the Copeland Oaks staff. Looking towards 2024, we are excited to continue providing services that help our residents maintain wellness and vitality in all aspects of their lives – physical, emotional, and spiritual! We hope you all have a happy new year!



**Schedule a move-in date to an Independent Living Villa or Apartment and we will cover your moving costs up to \$1,500!**