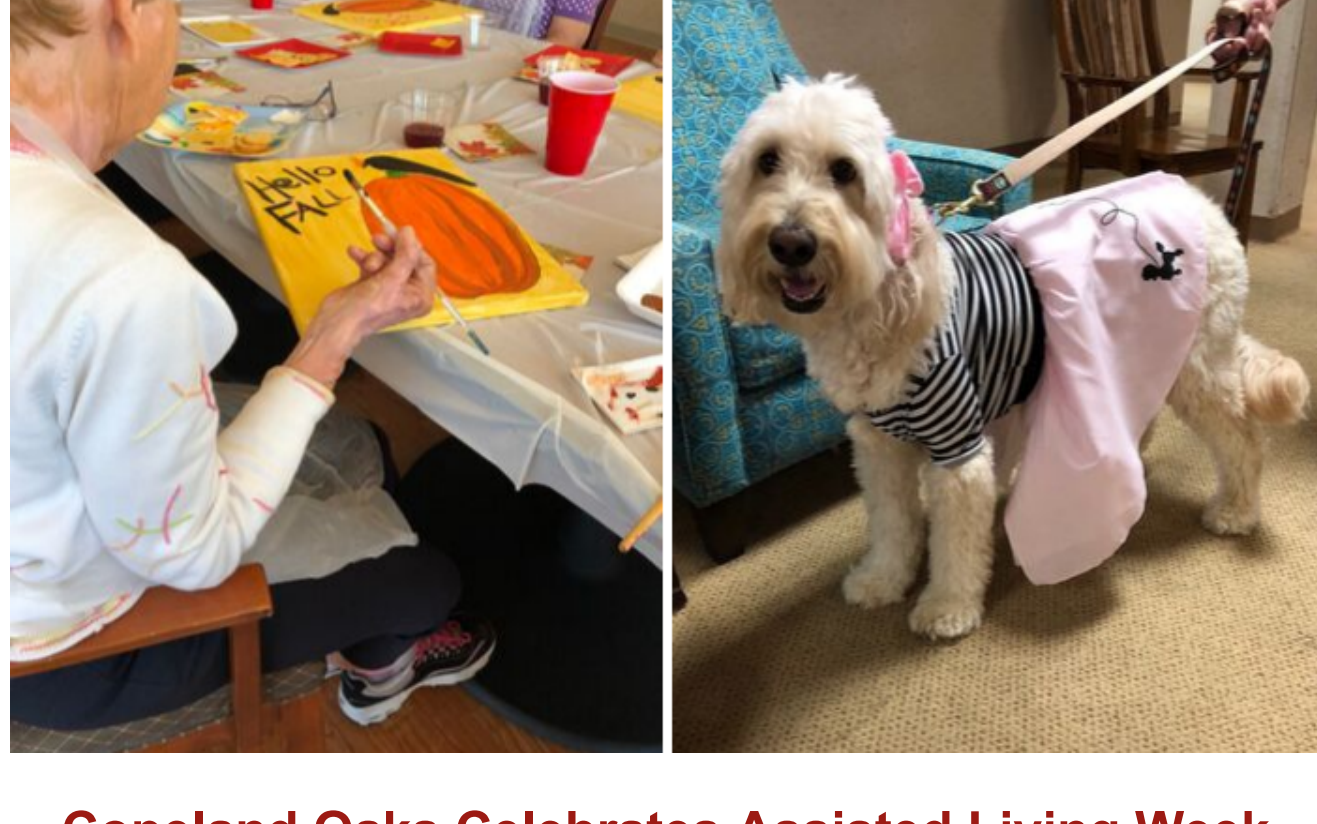


Oops — you may have received our August Newsletter this morning by mistake.

We apologize for any confusion. Lesson learned: No email marketing before finishing our morning coffee. Now that we have your attention...be sure to check out the real Copeland Oaks September Newsletter. Learn what's happening on campus, read more about upcoming events and check out our latest recipe.

THE COPELAND EXPERIENCE

September, 2019



Copeland Oaks Celebrates Assisted Living Week

"A Spark of Creativity" was the theme for the 2019 National Assisted Living Week which took place September 8-14. Assisted Living residents and staff celebrated the week by becoming "creative" in many planned activities offered.

The events kicked off on Monday with a sip and paint group taught by Cora from Countryside Creations. Residents created a fall painting with step by step instruction from Cora. On Tuesday, residents enjoyed a creative performance by Carol Starre-Kimiecik as she portrayed Jackie Kennedy-Onassis. On Wednesday, residents participated in Pet Therapy Palooza where they made treats for their furry friends and enjoyed the creative pet fashions. The week's celebrations were wrapped up with yoga, a picnic, making crafts out of recyclables, tie-dying shirts, and creative music.

"This week was the perfect opportunity for residents to "spark their creativity." We had a lot of activities planned for everyone to enjoy. Residents truly enjoy this week each year," said Activities Coordinator, Heather Sedlacek.



Residents from all over campus gathered fireside on Thursday, September 12th. Complete with s'mores, cider, and a wagon ride, the annual bon-fire was the perfect way for residents to welcome the upcoming fall season.

Upcoming Events

Rick Bruenning Performance

Date: Tuesday, September 24

Time and place: 1:30 PM in Bennett Auditorium

Earning his way through life with his guitar and his stories, Rick Bruenning spends most of his weekdays in a Senior Community located across several of our neighboring states. He says it is one of the most fulfilling and gratifying ways to use one's musical talents. On weekends his folk style presentations make him a popular performer at coffee house settings and outdoor music venues, especially around the harvest time of year. Plan now to enjoy the afternoon with Rick.

Copeland Oaks Garage Sale

Date: Friday and Saturday, September 27 & 28

Time and place: Friday 9 AM-4 PM and Saturday 9 AM-3 PM located behind buildings 7 & 8 between the garages

Items to include: furniture, households, miscellaneous items, and much more. Don't miss out on this two-day sale where you're sure to find treasures. All sales are cash only, items are sold as is. There are no holds and no refunds. Buyer is responsible for loading and removing of items. Proceeds to benefit the Copeland Oaks Life Care Fund.

Medicare 2020

Date: Wednesday, October 2

Time and place: 4:00 PM in Murphy Auditorium

The program will discuss and answer questions about Medicare coverage, Medicare Advantage Plans, Medicare supplemental insurances, Medicare Part D (drug coverage), qualifications for eligibility for both Medicare and Medicaid, long-term care insurances, etc. This is an informative, free program that will help to prepare area residents to make educated decisions regarding their health care insurance coverage in 2020.

[Event Calendar](#)

What's Cooking at Copeland?



Pumpkin Roll

Submitted by: Villa resident, Marian Ravine

Great for the upcoming autumn season!

Ingredients (outer roll):

- 1/2 C sugar
- 2/3 C pumpkin
- 3 eggs
- 3/4 C Flour
- 1 tsp salt
- 1 tsp soda
- 1/2 tsp cinnamon

Ingredients (filling):

- 8 oz. cream cheese
- 2 T butter
- 1 tsp vanilla
- 1 C powdered sugar

Directions:

1. Mix all outer roll ingredients well.
2. Use 10x15 greased jelly roll pan, line pan with wax paper, and grease wax paper.
3. Pour batter over wax paper.
4. Bake at 325° for 14 min.
5. Flip roll onto wax paper and roll up tightly.
6. Cool in refrigerator for 1 1/2 hours.
7. Mix filling ingredients.
8. Unroll cooled roll and spread filling on top of roll.
9. Re-roll and wrap in plastic wrap.
10. Keep refrigerated.

CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)



Get into your dream retirement home before the bad weather comes! Commit to your new home before October 31st and receive 1 month of FREE rent!

Call our Marketing Department at 330-938-1093 for more information or to set up a private tour. Ask us how you can receive one month of free rent!