

THE COPELAND EXPERIENCE

August, 2019



Thanks to the 275 vehicles and thousands of attendees who came out to this year's Cruise-In Around the Lake!
Pictured: Oaks Foundation Director, Lisa Gentile, and Gene Steib, the winner of the 2019 Copeland's Choice Award.

Copeland Oaks Car Cruise Donates \$1,700 to Local Food Pantry

Copeland Oaks hosted its annual Car Cruise-In around the lake on Sunday, July 28th. Registration started at 11am and cars were already filling in much before that! Each year this free event brings over a thousand spectators from near and far. Classic car drivers are asked to pay a \$5 registration fee, with all proceeds going towards a local community pantry.

This year the cruise raised \$1,700 to be donated to The Concern Inc. The Concern is a small Thrift Shop located in downtown Sebring serving many people throughout the community and surrounding communities.

Continue reading this article on the Copeland Oaks website to learn more about The Concern and this year's award winners.

[Read More](#)



Moving from Assisted Living to a Memory Care Facility

How do you know when it's time for a loved one to receive memory care services? Understanding the warning signs and stages of dementia and Alzheimer's can help you make an informed decision about choosing a senior living community that is the best fit for the services that may be needed.

[Learn More](#)

Upcoming Events

Bravura Woodwind Quintet

Date: Tuesday, September 3

Time and place: 6:30 p.m. in Bennett Auditorium

Plan now to enjoy this very talented group of musicians with a friend or neighbor.

Carol Starre-Kimiecik as Jacqueline Kennedy-Onassis

Date: Tuesday, September 10

Time and place: 1:30 p.m. in Bennett Auditorium

Hear the story of one of the most famous women in the world. As the wife of President Kennedy, she brought glamour and style to the White House, but was forever changed by tragedy and death. As Mrs. Onassis, she was one of the wealthiest women in the world, but was happiest being a mother and writer and being left alone.

Campus Bonfire

Date: Thursday, September 12

Time and place: Outside of Building 8 at 6:00 p.m.

Plan now to join us for our Annual Campus Bonfire! Come enjoy an evening by the fireside (Weather Permitting) complete with s'mores, cider, and a wagon ride. Don't miss out on the fun; grab a friend or two, your lawn chair and meet us on the concrete outside of Building 8.

[Event Calendar](#)

What's Cooking at Copeland?



Granola

Submitted by: Villa resident, Marilyn King

Marilyn used to have a bed and breakfast and would make this delicious homemade granola for her guests!

Ingredients:

- 5 C. oatmeal
- 2 C. W.W flour
- ½ C. cornmeal
- ¼ C. soy flour
- 2 C. coconut
- ½ C. wheat germ
- 1 Tsp. salt
- ½ C. brown sugar
- ½ C. sesame seeds
- 1 C. sunflower seeds
- 1 C. chopped walnuts
- 1 C. chopped cashews
- ½ C. oil
- ¼ C. honey
- 1 C. water

Directions:

1. Mix all dry ingredients first, then combine with liquid ingredients.
2. Mix combination with hands and put on cookie sheets or shallow pans in many batches.
3. Bake at 200-225° F for 2-3 hours or until lightly browned.
4. Add (your choice of combinations) raisins, chopped dried apricots, apples or currents.
5. Seal and refrigerate or freeze to keep indefinitely.

CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)

Choosing a Senior Living Option

How do you decide when it's time for you or your loved one to transition to a senior living community?

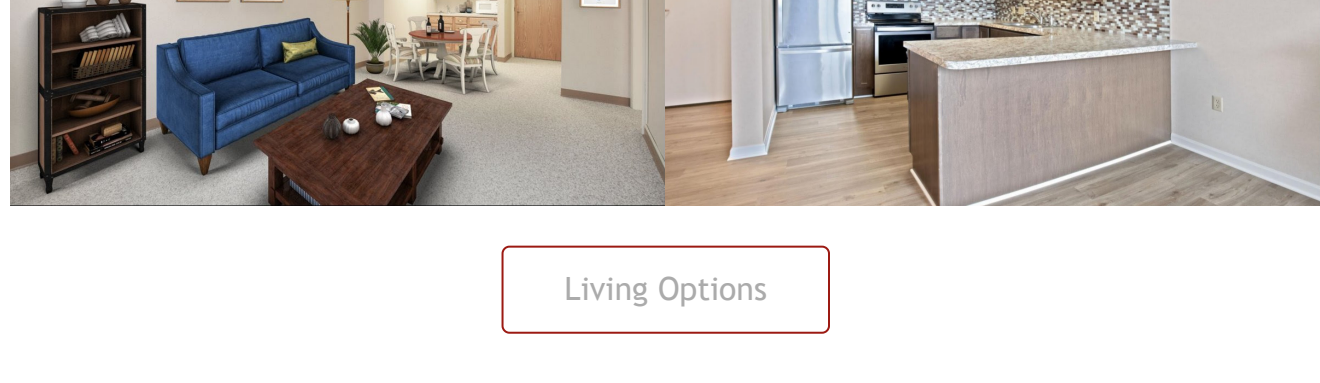
Maybe the activities of daily living have become difficult without help. Maybe memory loss makes living without assistance uncomfortable. Maybe living alone has you craving company. Or, maybe you'd like to live as you do now, but within a senior-centered community with other older adults.

Based on your needs, Copeland Oaks has several senior housing options to choose from:

- [Independent Living](#)
- [Catered Living](#)
- [Assisted Living](#)
- [Assisted Living with Memory Care](#)
- [Skilled Nursing](#)

Call our Marketing Department at 330-938-1093 for more information or to set up a private tour.

Ask us how you can receive one month of FREE rent!



[Living Options](#)