

## THE COPELAND EXPERIENCE

January, 2019



### A Look Back at 2018

2018 was one amazing year for Copeland Oaks! Follow the link to see all of the highlights.

[Read More](#)



### First Annual Employee Christmas Tree Decorating Contest

Copeland and Crandall CEO, Dave Mannion, decided it would be fun to have the staff departments compete in a tree decorating contest this past Christmas. Six trees were set up in the Kinnach Lounge decorated in theme to represent the different departments: Copeland Nursing and Health Clinic, Crandall Medical Center, Administration departments, Housekeeping, Dietary and Maintenance. Residents, employees, and guests had the opportunity to vote for their favorite trees.

Learn which department won with a total of 773 votes!

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## Upcoming Events

### The Chardon Polka Band Returns to Campus!

**Date: Thursday, February 7**

**Time and place: 7:00 PM Murphy Auditorium**

The members of this band are sure to provide a fun evening with friends, family and neighbors. This concert is free and open to the public so call your friends and family and invite them to enjoy the evening with you.

### The Art of Rightsized Living

**Date: Thursday, February 21**

**Time and place: 5:30 PM in Murphy Auditorium**

Are you or someone you know looking to downsize or move into a smaller home or perhaps a retirement community? You may find yourself overwhelmed with the amount of "stuff" around you. Join us for Gift Card Bingo and heavy hors-d'oeuvres followed by an educational program presented by Caring Transitions designed to provide you with the tools to "right-size" your life. This event is free and open to the public. Seats are limited, please RSVP to Jamie by calling 330-938-1093 by February 15th.

### Bells of Harmony

**Date: Tuesday, February 26**

**Time and place: 6:30PM in Bennett Auditorium**

Please join us for a performance by the female gospel trio, known as the Bells of Harmony. Remember to grab a friend or two to come with you!

[Event Calendar](#)

## What's Cooking at Copeland?



**Chicken Tortilla Soup**  
(serves 2)

*Submitted by Iris Andrews, Villa Resident*

*Iris says, "Ciabatta bread is really good to compliment this soup!"*

### Ingredients:

- 1 can Campbell's Cheddar Cheese Soup
- 1 can Campbell's Fiesta Nacho Cheese Soup
- 1 can Ro-Tel Diced Tomatoes with Lime and Cilantro
- 1 can shoepeg corn (drained)
- 1 can black beans (rinsed and drained)
- 1 can diced green chilies
- 4-5 chicken breasts (cooked and shredded OR 2-3 cans chicken breasts)
- 1 cup milk or chicken broth (add more for thinner consistency)

### Directions:

1. Combine all liquid ingredients in large pot and heat slowly to avoid scorching.
2. Add all other ingredients and heat thoroughly.
3. Garnish with sour cream, tortilla strips or cilantro, if desired.
4. Serve with your choice of bread.



**Millionaire Pie**  
(makes 2 pies)

*Submitted by Ruth Sheffield, Beeghly Resident*

Ruth says, "This pie is really easy – no baking required if you use ready-made crusts!"

### Ingredients:

- 1 can Eagle Brand Milk
- ½ cup real lemon juice
- 1 small can crushed pineapple (drained)
- 1 cup chopped nuts
- 1 container of Cool Whip
- 2 Ready-made Graham Cracker Crusts

### Directions:

1. Mix milk and lemon juice.
2. Add pineapple and nuts.
3. Fold into Cool Whip.
4. Pour mixture into two graham cracker crusts and refrigerate.

## Featured Staff

### December Oaks Award Winner: Cathy Barker



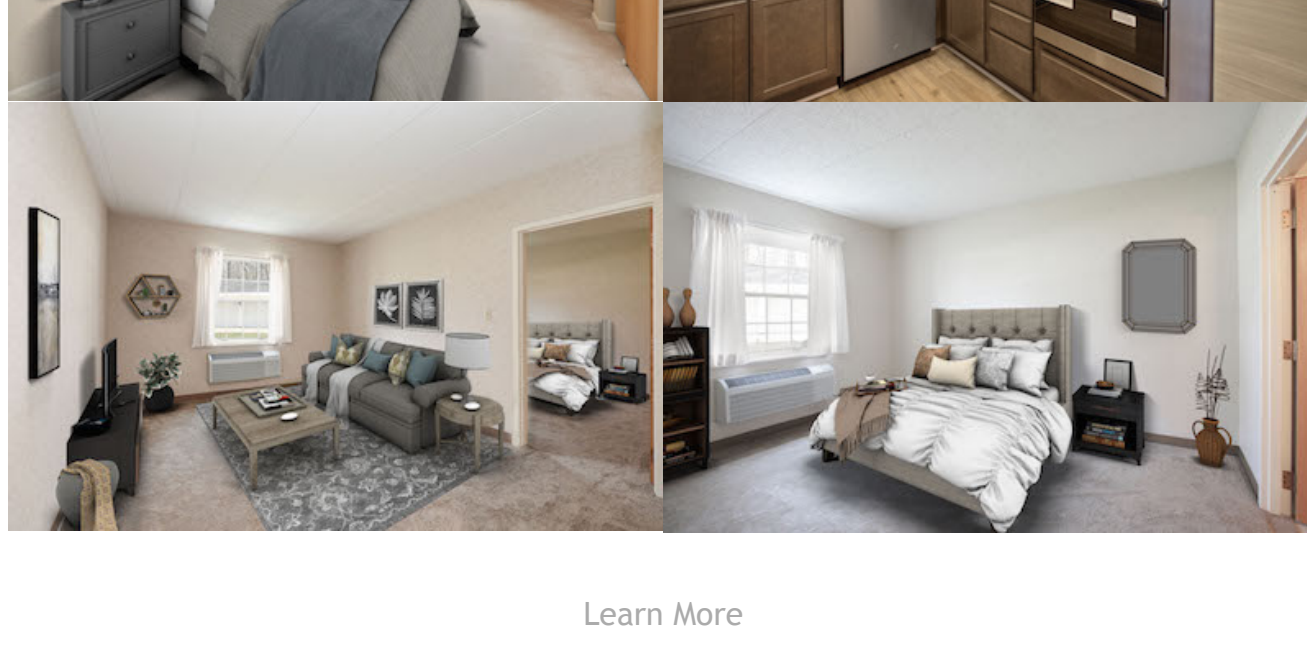
Congratulations to our December OAKS Award winner, Cathy. Our monthly OAKS Award recognizes "Outstanding Acts of Kindly Service."

Cathy was nominated for this award by her peers for her hard work and dedication as a Housekeeper at Crandall Medical Center. Cathy's coworkers said, "Cathy does a great job keeping Crandall looking great. She always goes above and beyond to get things done for the residents."

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## Get One Month's Rent Free

Move into a Lakeshore Independent Apartment or Beeghly Catered Living Apartment by March 31st and receive one month's rent free!



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