



I'm curious.....What exactly is a Senior Move Manager?

A Senior Move Manager(SMM) is a professional who specializes in assisting adults and their families with the emotional and physical aspects of relocation. Though many SMM's have backgrounds in gerontology, social work, health care, nursing and psychology, others come to this industry from the corporate world of project management, technology, accounting or marketing. What all SMM's share, however, is a profound commitment to connecting with adults and a desire to perform meaningful work.

Although specific services vary, most SMM's can help with some or all of the following:

- **Developing an overall move**
- **Organizing, sorting and downsizing**
- **Customized floor plans**
- **Arranging for the profitable disposal of unwanted items through auction, estate sale, buy-out, consignment, donation, or a combination of the above**
- **Interviewing, scheduling and overseeing movers**
- **Arranging shipments and storage**
- **Professional packing**
- **Unpacking and setting up the new home**
- **Related services, such as cleaning, waste removal, shopping, senior escort, assisting with selection of a realtor and helping prepare the home to be sold.**

Some SMM's provide these services directly; others function in more of an oversight or management role. One call to a SMM can connect you with services adults and families need for a seamless, successful transition of all kinds.

Copeland Oaks has access to a nationwide network of SMM's and will assist you or your loved one with the fees of using a SMM, if you choose to use one. Use of a SMM is especially ideal when the adult moving to Copeland Oaks has minimal help near them.

Now, you or your loved one can make an easy transition to **Copeland Oaks**, so you/they can make the best plan possible, to remain both **independence & active, as long as possible throughout life!**

For more information about **Copeland Oaks** or to see if there is a SMM in your area, contact a **Copeland Oaks** community information representative at: 1-800-222-4640